October 2019 Lunch

KEYSTONE
FOOD SERVICE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Hamburger Steak Mashed Potatoes and Gravy Dinner Roll Fruit Milk Salad Bar	2 Homemade Chicken Burrito Refried Beans Chips and Salsa Fruit Milk Salad Bar	3 Pizza Round Garden Salad Baby Carrots Fruit Milk Salad Bar	4 BBQ Beef Sandwich Tater Tots Fruit Milk Salad Bar
7 Hot Dog Baked Beans Coleslaw Ruffles Fruit Milk Salad Bar	8 Chicken Fajitas Mexican Salad Chips and Salsa Fruit Milk Salad Bar	9 Frito Chili Pie Chili Beans Fruit Milk Salad Bar	10 Chicken Pita* Ruffles Baby Carrots Fruit Milk Salad Bar	11 Cheeseburger Tater Tots Fruit Milk Salad Bar
14 Country Fried Steak Mashed Potatoes and Gravy Dinner Roll Fruit Milk Salad Bar	15 Chicken Taquitos Refried Beans Chips and Salsa Fruit Milk Salad Bar	16 Baked Potato Bar Green Beans Pulled Pork Dinner Roll Fruit Milk Salad Bar	17 Calzone Caesar Salad Fruit Milk Salad Bar	18 Chicken and Noodles Dinner Roll Roasted Carrots Fruit Milk Salad Bar
21 Meatball Sub Ruffles Baby Carrots Fruit Milk Salad Bar	22 Biscuit and Gravy Sausage Patty Scrambled Eggs Breakfast Potatoes Fruit Milk Salad Bar	23 BBQ Pork Loin Baked Beans Corn Dinner Roll Fruit Milk Salad Bar	24 Pizza Pasta Breadstick Green Beans Fruit Milk Salad Bar	25 Breaded Chicken Sandwich Italian Salad Tator Tots Fruit Milk Salad Bar
28 Spaghetti with Meat Sauce Garlic Knot Green Beans Fruit Milk Salad Bar	29 Pineapple Glazed Ham Roasted Carrots Loaded Mashed Potatoes Dinner Roll Fruit Milk Salad Bar	30 Nacho Bar (Beef, Queso, Beans, Chips) Salsa Fruit Milk Salad Bar	31 Cheeseburger French Fries Dirt Cake Fruit Milk Salad Bar	1 Pizza Bar Caesar Salad Fruit Milk Salad Bar

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER